





Jiaogulan Tea  
Gift Bags

## Adaptogen

It was a Russian that first coined the term Adaptogen. Adaptogens are substances that help the body to regulate itself. If you have high blood pressure an adaptogen would lower it, but if you have low blood pressure, the same substance would increase it. Jiaogulan is adaptogen that helps the body regulate itself.



## Antioxidant

A substance that prevents or slows the breakdown of another substance by oxygen is an **Antioxidant**.

Believe it or not, one of the biggest threats to your body is oxygen, the very element needed to keep you alive. As your body goes through its normal processes, some of the oxygen molecules you inhale lose an electron. When this happens, the formerly stable oxygen molecules becomes a dangerous **Free Radical**. These unstable **Free Radicals** attack the cells in your body and increase your risk of heart disease, cancer and other diseases.

Some of the most powerful substances in the struggle against Free Radical damage are **Antioxidants** such as Vitamin C and Herbal Jioagulan Tea.



## The sweeter it gets

Jiaogulan has a delicate flavor that is easily compromised by chemical additives in tap water. To enjoy the best cup of Jiaogulan possible, **use only pure water.**

Unlike most teas, our Jiaogulan does not get bitter after infusion. **The longer it sits, the sweeter it gets.**

Boil pure water (reverse osmosis is our favorite) and infuse fresh Jiaogulan leaf. Use 1 teaspoon/1 gm of Jiaogulan for an 8oz/250ml cup. Infuse the leaf for about 3 to 5 minutes. Enjoy your tea while nibbling on the settling sweet leaves.

Jiaogulan by the pot ~ use a screened pot or tea strainer. Make sure to leave plenty of room for the leaves to expand. Add an extra spoon of tea for the pot.



## Almanac

In 1992 Japanese Scientists find that the chemical properties of Jaiogulan are exactly the same as those found in Panax Ginseng.

Further studies determine that Jaiogulan has 82 saponins and Ginseng has only 28. Saponins regulate body function and prevent aging caused by oxidation.



## Jiaogulan Uses

**Antioxidant, enhances the immune system, regulates blood pressure, increases stamina, enhances cardiovascular function, lowers bad cholesterol, heart attack and stroke prevention, cancer inhibitor, treatment for chronic bronchitis, liver damage, hepatitis, and diabetes mellitus.**



## To bag or not to bag

Tea bags make it easy to enjoy most types of tea. Our Jiaogulan, however, is a special product. To produce the **best tasting herbal tea in Thailand** this year, we use the latest drying and rolling technology. We attempt to extract every possible goodness from our organic Jiaogulan Leaf.

We 'could' powder it (maybe even throw in some stems, as most people wouldn't notice) and seal it in a tea bag. But, we've decided not to compromise. If it means re-educated our clients, then we're dedicated to teaching you how to **enjoy a wonderful cup** of healthy herbal tea.

**Just order a sample** of our premier product. You'll be pleasantly pleased by our commitment to your pleasure and health.

